



**St Mary Magdalen Church,  
Knighton  
Sunday 6th March 2022  
1st Sunday of Lent**



**Join us in prayer, worship and life together,  
this Sunday and through the week**

**Collect**

Almighty God,  
whose Son Jesus Christ fasted forty days in the wilderness,  
and was tempted as we are, yet without sin:  
give us grace to discipline ourselves in obedience to your Spirit;  
and, as you know our weakness,  
so may we know your power to save;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
Amen.



## DIARY FOR THIS WEEK

Sunday 6th March	9.00am <b>10.30am</b> 10.30am	Weekly Eucharist <b>All Age Worship</b> Eucharist at St Guthlacs
Monday 7th March <b>Parish Office Closed</b>	7.30 pm	Bell ringing practice
Tuesday 8th March	9.30am	Eucharist at St Mary's
Wednesday 9th March	12.30 pm 7.00 pm 7.30 pm 8.00 pm	Organ tuning Choir Practice Compline on Zoom The <i>Difference</i> Course (on Zoom)
Thursday 10th March	9.30am	Eucharist at St Guthlac's
Friday 11th March		
Saturday 12th March	10.00am	Coffee Morning, St Mary's
Sunday 13th March	9.00am <b>10.30am</b> 10.30am	Weekly Eucharist (trad) <b>Sung Eucharist</b> All Age Worship at St Guthlacs

***Sunday Club***, for children at primary school, meets during the 10.30am service on both the second and third Sundays of each month. Everyone is welcome even if it's your first time here! Just ask one of the Welcome Team to point out our leaders, and then say hello :)

On the first Sunday we all stay together for All Age Worship, and on the fourth Sunday why not join us at 10.30 for the relaxed, cafe- style Church Club at St Guthlac's, Holbrook Road?

**Office** Please note that the Parish Office is closed on Mondays and on Tuesdays, James works from home. You can call James on Tuesdays on 01664 569556 or email as usual. The Parish Office is open as usual on Wednesdays, Thursdays and Fridays. The office number is 0116 270 2705 and the email is [office@knightonparish.co.uk](mailto:office@knightonparish.co.uk)

## **Keeping each other safe during infectious times**

No doubt you will have heard the news that all Government regulations and restrictions relating to Corona virus are to be removed in the near future. Whilst it is heartening to think that we can move further towards 'normal' life, I hope that as Christians we will continue to have the highest regard for the safety and wellbeing of other people as well as our own comfort.

In church life I believe this means continuing to be considerate of other people's preferences where they differ from our own – perhaps to continue wearing a mask or keeping some distance from others in services. We ought also to remember that many other people remain very vulnerable to the virus, for all sorts of reasons, and so we should continue to take some sensible precautions when we meet together.

On Sundays, can I please ask you therefore

- to continue sanitising your hands on the way into church;
- to be understanding of those people who would like to continue wearing a face covering;
- to reserve the side chapels for those who would like rather more space around themselves;
- to avoid crowding together after church and to give people a little more space than usual;
- **not** to come to church if you have any symptoms of covid-19 or a positive lateral flow test in the last 24 hours.

For the moment we are continuing to offer Communion 'in one kind only', that is, just wafers/bread but not wine, and from the chancel step rather than the altar rail. In the near future, the PCC will have a discussion about possible changes to this.

Thank you for your understanding and co-operation with these precautions – this way we can remain both safe and welcoming!

*Adrian*

## Listening to God's Word

Our Bible readings for **Sunday 6th March** are:

### **Daniel 4:28-37**

<sup>28</sup> All of that happened to me. <sup>29</sup> It took place twelve months later. I was walking on the roof of my palace in Babylon. <sup>30</sup> I said, "Isn't this the great Babylon I have built as a place for my royal palace? I used my mighty power to build it. It shows how glorious my majesty is." <sup>31</sup> I was still speaking when a voice was heard from heaven. It said, "King Nebuchadnezzar, here is what has been ordered concerning you. Your royal authority has been taken from you. <sup>32</sup> You will be driven away from people. You will live like the wild animals. You will eat grass just as cattle do. Seven periods of time will pass by for you. Then you will recognize that the Most High God rules over all of the kingdoms of men. He gives them to anyone he wants." <sup>33</sup> What had been said about me came true at once. I was driven away from people. I ate grass just as cattle do. My body became wet with the dew of heaven. I stayed that way until my hair grew like the feathers of an eagle. My nails became like the claws of a bird. <sup>34</sup> At the end of that time I, Nebuchadnezzar, looked up toward heaven. My mind became clear again. Then I praised the Most High God. I gave honour and glory to the One who lives forever. His rule will last forever. His kingdom will never end. <sup>35</sup> He considers all of the nations on earth to be nothing. He does as he pleases with the powers of heaven. He does what he wants with the nations of the earth. No one can hold his hand back. No one can say to him, "What have you done?" <sup>36</sup> My honour and glory were returned to me when my mind became clear again. The glory of my kingdom was given back to me. My advisers and nobles came to me. And I was put back on my throne. I became even greater than I had been before. <sup>37</sup> Now I, Nebuchadnezzar, give praise and honour and glory to the King of heaven. Everything he does is right. All of his ways are fair. He is able to bring down those who live proudly.

## **The Gospel for the first Sunday of Lent**

### **Luke 4.1-13**

#### **The Temptation of Jesus**

**4** Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, <sup>2</sup> where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. <sup>3</sup> The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' <sup>4</sup> Jesus answered him, 'It is written, "One does not live by bread alone."' "

<sup>5</sup> Then the devil led him up and showed him in an instant all the kingdoms of the world. <sup>6</sup> And the devil said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. <sup>7</sup> If you, then, will worship me, it will all be yours.' <sup>8</sup> Jesus answered him, 'It is written,

"Worship the Lord your God,  
and serve only him.'"

<sup>9</sup> Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down from here, <sup>10</sup> for it is written,

"He will command his angels concerning you,  
to protect you",

<sup>11</sup> and

"On their hands they will bear you up,  
so that you will not dash your foot against a stone.'"

<sup>12</sup> Jesus answered him, 'It is said, "Do not put the Lord your God to the test.'" <sup>13</sup> When the devil had finished every test, he departed from him until an opportune time.

## **The National Day of Reflection—Wednesday 23rd March**

The 23rd March will be the second anniversary of the start of the first national lockdown in response to the Corona virus pandemic. Back in 2020 we had little idea about the way in which this new virus would reshape our daily lives in the days to come, would galvanise the world's scientists to discover and develop vaccines at unprecedented speed, and would challenge our health professionals to the extreme. Few of us would have suspected the scale of loss and pain, through bereavement, illness, separation and isolation that we would face as a country, but also as families and individuals.

While life now is beginning to return to 'normal' many of us still need the opportunity to reflect, grieve and pray in the face of all that we have experienced. Doing this together will help us to find healing and hope for the future.

On 23rd March, St Mary's will be open during the day from 11am to 1pm for all of us, if we would like this opportunity. At noon we will mark the national silence and have a few prayers. There will also be the chance to leave your own written prayers, to light a candle in memory of a loved one and to place a daffodil as a sign of hope. Clergy and volunteers will be on hand to talk and help.

The national charity 'Marie Curie' will receive any donations you would like to make in memory of all those who have died.

*Adrian*

**National Day of  
Reflection  
23 March**

## **CHRISTIAN AID WEEK 2022**

Neither Ida Stanyer nor Ros Astles is able to continue organising Christian Aid Week. However, we would very much like someone else or a group of people to take over this very important charitable outreach and we would, of course be able to offer as much help and advice as was wanted.

This year Christian Aid Week is from 15<sup>th</sup> to 21<sup>st</sup> May.

If you are able to help, please speak to Adrian, Matthew, Ida (0753 269 1913) [ida.stanyer49@gmail.com](mailto:ida.stanyer49@gmail.com) or (Ros 07961884496) [rastles@icloud.com](mailto:rastles@icloud.com)

Thank you.

## **Gift Aid Secretary**

We are looking for someone to work with the current secretary with a view to taking on the role eventually. The job involves recording all donations and claiming gift aid where appropriate. It may sound complicated but clever software from Data Developments does the real hard work. Their Donations Co-ordinator program is excellent and even enables claims to HMRC to be made with a click. I have no financial qualifications though I did pass O level Maths many moons ago. Please ask if you would like more information. *Lorna Pollard*

**Thank you** Charlotte and the Muddimer Family would like to say a Big Thank You to everyone for all the cards ,thoughts and prayers sent to us during the sad time of Rob's passing. Also thank you to Adrian and Matthew for participating in this memorial to a beloved husband, & father.

## Fairtrade makes a difference!

Fairtrade Fortnight has started, and once again, after the 10.30am service, we're enjoying delicious cakes made with Fairtrade ingredients .... But what difference does buying Fairtrade products actually make?



**1,880** FAIRTRADE CERTIFIED PRODUCER  
ORGANISATIONS IN 71 COUNTRIES



When *we* buy Fairtrade products *the workers and farmers* gain **economic benefits**:

- The guaranteed Fairtrade Minimum Price gives the farmers that grow products such as cocoa, coffee and bananas much greater income-security and so they are less vulnerable to poverty.
- Additional income which comes from the Fairtrade Premium can be used in the community for agricultural training, building co-operatives and education for children.



There are also **environmental benefits**:

- The Fairtrade Standards ensure greater environmental protection, lower greenhouse gas emissions, protection of biodiversity, and more careful use of chemicals and waste management.
- The Fairtrade Standards promote training for farmers on switching to environmentally friendly practices, such as soil improvement and better natural control of crop pests and diseases.

Then there are **social benefits**:

- Farmers and workers who choose to participate in Fairtrade often feel a real sense of control over their future with greater power and voice.
- Fairtrade boosts workers' rights, improves gender equality, and can lead to better schools, housing and medical facilities in rural communities.

So Fairtrade brings great benefit – and not just wonderful cakes!

You can hear directly from Fairtrade farmers by clicking here: <https://www.fairtrade.org.uk/get-involved/current-campaigns/fairtrade-fortnight/meet-the-fairtrade-farmers/>

### **Real Easter Eggs**

This Fairtrade Fortnight is the time to put in your order for Real Easter Eggs for your friends & family. As well as being Fairtrade they are also plastic & palm oil free, and tell the real Easter story in a booklet updated each year. The cost is £4.50 to pay on collection. Please write your order on the notice at the back of church or let Alison Roche know by Sunday 13th March at the latest.'

## ***“Doing Lent Gently” in 2022***

The season of Lent begins once again with our Ash Wednesday Communion service for both our parishes, on 3<sup>rd</sup> March at 7.30pm, this year at St Mary’s. Everyone is welcome.



Often Lent is seen as a rather harsh and certainly penitential part of the church year – we are tough on ourselves as preparation for the joy of Easter. This spirit of self-examination, even criticism, and abstinence has its place and can prove valuable –

***however*** – given that so much has already been sacrificed over the last two years, perhaps this Lent should be less about discipline and more about gentleness, with ourselves and each other.

A gentle Lent might help us draw closer to the gentle self-giving of Jesus himself, on his journey to the cross and beyond.

Here are a few suggestions for *‘doing Lent gently’*:

**Being still** – choose a time each day when you can be still and just sit for a few minutes, either in silence with a five-minute timer, or listening, eyes closed, to a favourite gentle song;

**Letting go** – think of something that takes time but makes little difference to anyone else, and just let go of it until Easter.... it could be the time you spend on Facebook, watching a TV soap, painting your nails or polishing the car. You could use the time for catching up on something long postponed.

**Simple giving** – identify a simple thing you can give to others once a week (or more, if easier) ... it could be writing a postcard each weekend to send on Monday, putting flowers in your window, or letting someone go ahead of you in the shopping queue.

**Join 'Difference'** – this Lent, over five Wednesday evenings from 9<sup>th</sup> March, we are running 'Difference', a course (on Zoom) that equips Christians to cross divides, navigate disagreement and pursue a just and flourishing world. Through film, Bible study, prayer and discussion we are encouraged to develop the three habits of being curious, being present and reimagining – to build reconciliation and change in place of division. Please email Adrian for details: [adrian.jones@zoho.com](mailto:adrian.jones@zoho.com) The link is below but to avoid confusion, both compline and the course can be accessed on the same link but please note the time changes for compline.

Topic: Compline then Lent Course

Time: 7.30pm Compline 7.55pm Lent Course

Join Zoom Meeting

[https://leccofe.zoom.us/j/7467674408?  
pwd=NHRQZ2F0Mmt5Wk5sd2NMc1JtREpaUT09](https://leccofe.zoom.us/j/7467674408?pwd=NHRQZ2F0Mmt5Wk5sd2NMc1JtREpaUT09)

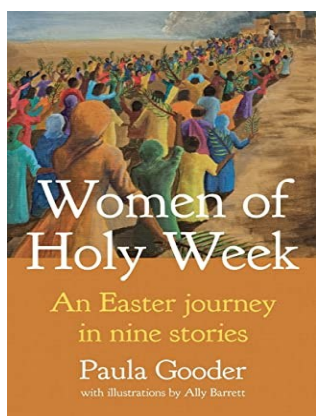
Meeting ID: 746 767 4408

Passcode: hope

Dial in-

0203 481 5240 United Kingdom

Meeting ID: 746 767 4408



**Get reading** – follow up our Sunday series on women of the Bible by reading *“Women of Holy Week”* by Paula Gooder. This is an imaginative retelling, in nine stories, of the events of the last days of Jesus through the eyes of the women accompanying him. We’ll also have a special coffee morning to discuss the stories together, at 10am on Wednesday 6<sup>th</sup> April at the Vicarage. Please phone Adrian Jones or Alison Roche on 0116 270 4268 if you’d like a copy of the book for £9.99 .

I hope there is something here to help you do Lent gently this year.  
*Adrian*



Dear friends at St Mary's Knighton

On Tuesday evening 1st March, Red Cross Member Lorna Kirk had a Zoom meeting with the CEO Mike Adamson based at British Red Cross HQ in London.

He has spoken with the Ukrainian Red Cross and the International Committee of the Red Cross is supporting people as the worrying situation develops which includes providing essential first aid, food, water & shelter.

Many UK people are asking how they can help and probably wish to donate warm clothing etc. but with all the money being raised Red Cross buy such items in bulk and are able to quickly transport it to the thousands of people in greatest need.

There will be a Red Cross bucket outside St Mary's Church after the 10.30am Service on Sundays March 6th and 13th March.

Thank you

**Thanks** We'd like to say a huge thank you to Sylvia McNeill and family for the most kind donation of her father's (Fred Osborne) mobility scooter. This has now found a new home and the new owner is so grateful Thank you so much Sylvia.

**Fairtrade Fortnight 21<sup>st</sup> February – 6<sup>th</sup> March:** we shall be serving Fairtrade cakes with coffee after church on 27<sup>th</sup> February and 6<sup>th</sup> March - donations to the Fairtrade Foundation welcome!

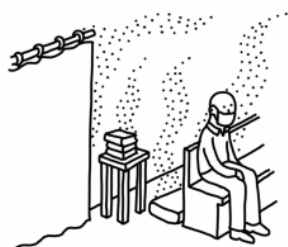
### Jubilee Celebration

Would you be interested in helping St Mary's celebrate the Platinum Jubilee for the Bank Holiday/ first week in June with the community? Help wanted with planning, ideas and practical help for the week. Contact Matthew [revgough@gmail.com](mailto:revgough@gmail.com) to get involved. Thanks.

# VENTILATION

WE NEED TO KEEP THE WINDOWS AND DOORS OPEN

## BENEFITS



EASING THE MUSTY SMELL

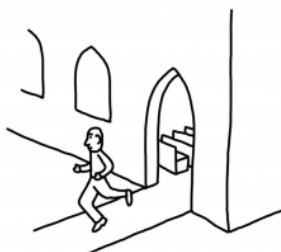
OOH... IS THAT A SERMON?



OUTREACH TO PASSERS-BY



A RELAXING OF THE DRESS CODE



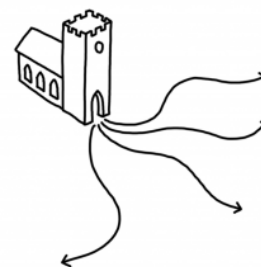
IT'S EASY TO LEAVE QUICKLY

## DRAWBACKS

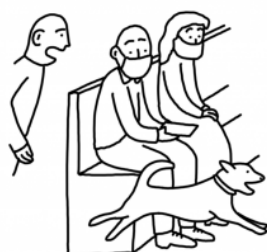
I'LL NEED SOMEWHERE TO PLUG MY HEATER IN



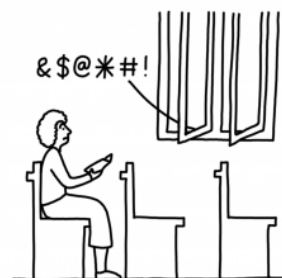
IT IS A BIT CHILLY



THE CONGREGATION MIGHT WANDER OFF



UNEXPECTED VISITORS



ADDITIONS TO THE LITURGY FROM OUTSIDE



## Doesn't time fly?

It's already time to prepare the next Benefice Magazine. People often thank me for it, but the thanks are entirely due to those of you who contribute. So please keep our readers happy by contributing something now, ideally by 3 March.

In the height of the pandemic, the regular listing of events in the magazine was inevitably discontinued. I plan to revive it now, so please let me know of any significant public events in the Benefice scheduled for the next 6 months.

Nigel Siesage

Copy should be sent to [stmaryknighton.magazine@gmail.com](mailto:stmaryknighton.magazine@gmail.com)



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KIBWORTH  
FASHION WITH CLASS

THURSDAY 31ST MARCH 2022  
£12.50 PER PERSON  
2:00PM - 4:00PM

BELMONT HOTEL  
DE MONTFORT STREET  
LE1 7GR

CONTACT SHIRLEY WILLS  
0116 281 1401

Raising funds for Marie Curie

How am I to live out my faith?  
What could God be saying to me?  
What opportunities are there to serve God?

To explore these questions further...

# Everyday Calling

with Bishop Saju

Saturday March 26th 10am—3pm

Lunch included

Grand Hall, St Martin's House



Day will include seminars on:

- ◆ How to set up a social action project
- ◆ Exploring ordained or lay ministry
- ◆ How do I hear from God?
- ◆ Training opportunities

Time to chat to people in a range of callings eg

- ◆ Church Army
- ◆ Street Pastors
- ◆ Spiritual Directors
- ◆ Schools projects

To book a place email:  
claire.stapleton@leicestercofe.org  
(Please state any dietary needs)

## Online Compline Night Prayer from 7.30pm (until the *Difference Course is complete*) each Wednesday

All Welcome

Join Zoom Meeting

<https://leccofe.zoom.us/j/7467674408?>

pwd=NHRQZ2F0Mmt5Wk5sd2NMc1JtREpaUT09

Meeting ID: 746 767 4408

Passcode: hope

Or Phone In 0131 460 1196 United Kingdom



## **PLANNED GIVING SCHEME**

Regular giving is an integral part of our church life supporting our day to day costs, ministry and mission. A good way to achieve this is through a weekly envelope or a monthly bank standing order as part of our Planned Giving Scheme. Scheme details can be obtained from Lorna Pollard, Planned Giving Scheme Secretary: telephone 01162704272 or email: [stmarysknighton.giving@gmail.com](mailto:stmarysknighton.giving@gmail.com). If you are a taxpayer and gift aid your giving, our church can claim an additional 25%.

# **Coffee Morning**



**On Saturday 12<sup>th</sup> March 2022**

**From 10 am - 12 noon**

**In St Mary Magdalen Church**

**Brinsmead Road, Knighton**

**Stalls to include**

**Plants, Cakes,**

**& a raffle**

**Just come along**

**Everyone welcome**



## **Contact details:**

**Vicar: Adrian Jones** 0116 270 4268 or 07919 262399

adrian.jones@zoho.com (rest day normally Friday)

**Curate: Revd Matthew Gough** 07754 961997

revgough@gmail.com (rest day normally Friday)

**Ordinand: Cecilia Adjadje** 07425 705221

cadjadje@yahoo.com (Wed, Thurs, Sat, Sun)

**Revd Aphro McCullough** 0116 283 7887

aphro.mccullough@btinternet.com

**Revd Janet Gasper** 0116 288 9646

jgasper925@gmail.com

**Lay Reader: Fiona Wingate** 07515 752954

fiona.wingate@talktalk.net

**Churchwarden: Sian Howard** 07932 557646

sian.howard@tiscali.co.uk

**Churchwarden: Beryl Bonfield** 0116 2702202

berylbonfield1945@gmail.com

**Parish Administrator: James Gutteridge** 0116 270 2705

office@knightonparish.co.uk

# A Prayer for Ukraine

God of peace and justice,  
we pray for the people of Ukraine.  
We pray for peace and the laying down of weapons.  
We pray for all those who are in fear,  
that your Spirit of comfort would draw near to them.  
We pray for those with power over war or peace,  
for wisdom, discernment and compassion  
to guide their decisions.  
Above all, we pray for all your precious children, at risk  
and in fear, that you would hold and protect them.  
We pray in the name of Jesus, the Prince of Peace.  
Amen.

*Written by the Archbishops of Canterbury & York*