



**St Mary Magdalen Church,
Knighton
Sunday 13th March 2022
2nd Sunday of Lent**



**Join us in prayer, worship and life together,
this Sunday and through the week**

A Prayer for Sunday

Almighty God,
by the prayer and discipline of Lent
may we enter into the mystery of Christ's sufferings,
and by following in his Way
come to share in his glory;
through Jesus Christ our Lord.
Amen.

Second Sunday of



Prayers for this week:

The Collect

Almighty God,
you show to those who are in error the light of your truth,
that they may return to the way of righteousness:
grant to all those who are admitted
 into the fellowship of Christ's religion,
that they may reject those things
 that are contrary to their profession,
and follow all such things as are agreeable to the same;
through our Lord Jesus Christ,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Post Communion Prayer

Almighty God,
you see that we have no power of ourselves to help ourselves:
keep us both outwardly in our bodies,
and inwardly in our souls;
that we may be defended from all adversities
 which may happen to the body,
and from all evil thoughts which may assault and hurt the soul;
through Jesus Christ our Lord.

DIARY FOR THIS WEEK

Sunday 13th March <i>2nd Sunday of Lent</i>	9.00am 10.30am 10.30am	Weekly Eucharist (trad) Sung Eucharist All Age Worship at St Guthlacs
Monday 14th March Parish Office Closed		
Tuesday 15th March	9.30am	Eucharist at St Mary's
Wednesday 16th March	7.00 pm 7.30 pm 8.00 pm	Choir Practice Compline on Zoom The <i>Difference</i> Course (on Zoom)
Thursday 17th March	9.30am	Eucharist at St Guthlac's
Friday 18th March		
Saturday 19th March		
Sunday 20th March <i>3rd Sunday of Lent</i>	9.00am 10.30am 10.30am 7.30pm	Weekly Eucharist 'Fresh' worship Eucharist at St Guthlacs PAUSE (see item)

Sunday Club, for children at primary school, meets during the 10.30am service on both the second and third Sundays of each month. Everyone is welcome even if it's your first time here! Just ask one of the Welcome Team to point out our leaders, and then say hello :)

On the first Sunday we all stay together for All Age Worship, and on the fourth Sunday why not join us at 10.30 for the relaxed, cafe- style Church Club at St Guthlac's, Holbrook Road?

Office Please note that the Parish Office is closed on Mondays and on Tuesdays, James works from home. You can call James on Tuesdays on 01664 569556 or email as usual. The Parish Office is open as usual on Wednesdays, Thursdays and Fridays. The office number is 0116 270 2705 and the email is office@knightonparish.co.uk

Caring for each other at church during infectious times

Although we are no longer subject to Government regulations and restrictions relating to Corona virus, I do hope that when we come to church we will continue to have the highest regard for the safety and wellbeing of other people as well as our own comfort.

- On Sundays, can I please ask you therefore to continue sanitising your hands on the way into church;
- to be understanding of those people who would like to continue wearing a face covering;
- to reserve the side chapels for those who would like rather more space around themselves;
- to avoid crowding together after church and to give people a little more space than usual;
- **not** to come to church if you have any symptoms of covid-19 or a positive lateral flow test in the last 24 hours.

Following our recent discussion, the PCC and I have agreed that we celebrate Holy Communion together we will continue to administer from the chancel step, but that now **we will offer the cup of wine once more, for those who wish to receive it.** If you would like to have wine after receiving the bread/wafer then simply move towards the side of the priest where you will see a Eucharistic Assistant holding the chalice. They will lift it for you so that you can take a sip of wine.

I must ask you though, **please do not** take a wafer and then dip it in the wine – we have been advised that this practice (called 'intinction') carries a significantly high risk of passing on any infection.

We do understand that not everyone feels ready to take wine again in

this way yet, and that is perfectly fine. After receiving the bread please just head back to your place as you have done previously. Your Communion is just as acceptable if you take only bread.

Thank you for your understanding and co-operation with these precautions and changes – this way we can remain both safe and welcoming!

Adrian

CHRISTIAN AID WEEK 2022

Neither Ida Stanyer nor Ros Astles is able to continue organising Christian Aid Week. However, we would very much like someone else or a group of people to take over this very important charitable outreach and we would, of course be able to offer as much help and advice as was wanted.

This year Christian Aid Week is from 15th to 21st May.

If you are able to help, please speak to Adrian, Matthew, Ida (0753 269 1913) ida.stanyer49@gmail.com or (Ros 07961884496) rastles@icloud.com

Thank you.

Do you receive the newsletter by post?

Now many of us have returned to church or receive the newsletter by email, we propose to stop sending the newsletter by post after Easter as this is costing a considerable amount.

However should you still need to receive it this way please let us know (James Gutteridge 0116 2702705 Or Amanda Beck 07732020023).

Listening to God's Word

Our Bible readings for **Sunday 13th March** are:

Psalm 27 *A Psalm of David.*

¹ The LORD is my light and my salvation –
whom shall I fear?

The LORD is the stronghold of my life –
of whom shall I be afraid?

² When the wicked advance against me
to devour me,

it is my enemies and my foes
who will stumble and fall.

³ Though an army besiege me,
my heart will not fear;

though war break out against me,
even then I will be confident.

⁴ One thing I ask from the LORD,
this only do I seek:

that I may dwell in the house of the LORD
all the days of my life,

to gaze on the beauty of the LORD
and to seek him in his temple.

⁵ For in the day of trouble

he will keep me safe in his dwelling;
he will hide me in the shelter of his sacred tent
and set me high upon a rock.

⁶ Then my head will be exalted

above the enemies who surround me;
at his sacred tent I will sacrifice with shouts of joy;
I will sing and make music to the LORD.

⁷ Hear my voice when I call, LORD;

be merciful to me and answer me.

⁸ My heart says of you, 'Seek his face!'

- Your face, LORD, I will seek.
- ⁹ Do not hide your face from me,
do not turn your servant away in anger;
you have been my helper.
- Do not reject me or forsake me,
God my Saviour.
- ¹⁰ Though my father and mother forsake me,
the LORD will receive me.
- ¹¹ Teach me your way, LORD;
lead me in a straight path
because of my oppressors.
- ¹² Do not hand me over to the desire of my foes,
for false witnesses rise up against me,
spouting malicious accusations.
- ¹³ I remain confident of this:
I will see the goodness of the LORD
in the land of the living.
- ¹⁴ Wait for the LORD;
be strong and take heart
and wait for the LORD.

Luke 13.31-end

Jesus' sorrow for Jerusalem

³¹ At that time some Pharisees came to Jesus and said to him, 'Leave this place and go somewhere else. Herod wants to kill you.'

³² He replied, 'Go and tell that fox, "I will keep on driving out demons and healing people today and tomorrow, and on the third day I will reach my goal." ³³ In any case, I must press on today and tomorrow and the next day – for surely no prophet can die outside Jerusalem!

³⁴ 'Jerusalem, Jerusalem, you who kill the prophets and stone those sent to you, how often I have longed to gather your children together, as a hen gathers her chicks under her wings, and you were not willing. ³⁵ Look, your house is left to you desolate. I tell you, you will not see me again until you say, "Blessed is he who comes in the name of the Lord."'

The National Day of Reflection—Wednesday 23rd March

The 23rd March will be the second anniversary of the start of the first national lockdown in response to the Corona virus pandemic. Back in 2020 we had little idea about the way in which this new virus would reshape our daily lives in the days to come, would galvanise the world's scientists to discover and develop vaccines at unprecedented speed, and would challenge our health professionals to the extreme. Few of us would have suspected the scale of loss and pain, through bereavement, illness, separation and isolation that we would face as a country, but also as families and individuals.

While life now is beginning to return to 'normal' many of us still need the opportunity to reflect, grieve and pray in the face of all that we have experienced. Doing this together will help us to find healing and hope for the future.

On 23rd March, St Mary's will be open during the day from 11am to 1pm for all of us, if we would like this opportunity. At noon we will mark the national silence and have a few prayers. There will also be the chance to leave your own written prayers, to light a candle in memory of a loved one and to place a daffodil as a sign of hope. Clergy and volunteers will be on hand to talk and help.

The national charity 'Marie Curie' will receive any donations you would like to make in memory of all those who have died.

Adrian

**National Day of
Reflection
23 March**

Pause



Many of us find ourselves dashing around without time to rest or to pause, even on a Sunday.

Make some time to hear the still small voice of God at a relaxed, informal Communion service at **St Mary's - 7.30pm on Sunday 20th March.**

Our theme is

"Rage and Hope"

There will be music, readings and quietness, before an opportunity to share Communion together if you wish.

You're welcome to bring your own cushion, and a favourite mug for tea or coffee.

More information from Adrian Jones
0116 270 4268 or 07919 262 399

War in Ukraine – how to help

We have all seen terrible scenes from the war in Ukraine on our televisions and naturally we feel moved to want to help those suffering.



Firstly, please make sure you are **praying** for the civilians caught in the invasion and those who have had to become refugees:

Heavenly Father, hear our prayers for our brothers and sisters in Ukraine.

Lord, we ask for peace for those who need peace, reconciliation for those who need reconciliation and comfort for all who don't know what tomorrow will bring. Lord may your Kingdom come, and Your will be done.

Lord God, we ask for you to be with all – especially children - who are suffering as the crisis in Ukraine deteriorates. Lord for those who are anxious and fearful. For those who are bereaved, injured or who have lost their lives. And for those who have lost homes and loved ones. Lord hear our prayers.



Secondly, please consider **giving** to the relief appeal launched by the Disasters Emergency Committee.

You can give online here:

<https://donation.dec.org.uk/ukraine-humanitarian-appeal> or by sending a cheque payable to *Ukraine Humanitarian Appeal* to DEC Ukraine Humanitarian Appeal, PO Box 999, London EC3A 3AA, or by making a donation at a Post Office. The UK Government will match public donations to this appeal pound-for-pound up to £25 million.

Lastly, you might consider **lobbying** your local MP or Government Ministers to make changes to our immigration regulations so that

Ukrainian refugees can be helped quickly and efficiently. You might like to find out more about joining with others and sponsoring a refugee family coming to Britain – see the Leicester Community Sponsorship Group www.leicester-csg.co.uk

Adrian



Real Easter Eggs

This Fairtrade Fortnight is the time to put in your order for Real Easter Eggs for your friends & family. As well as being Fairtrade they are also plastic & palm oil free, and tell the real Easter story in a booklet updated each year. The cost is £4.50 to pay on collection. Please write your order on the notice at the back of church or let Alison Roche know by Sunday 13th March at the latest.'

“Doing Lent Gently” in 2022

The season of Lent begins once again with our Ash Wednesday Communion service for both our parishes, on 3rd March at 7.30pm, this year at St Mary’s. Everyone is welcome.



Often Lent is seen as a rather harsh and certainly penitential part of the church year – we are tough on ourselves as preparation for the joy of Easter. This spirit of self-examination, even criticism, and abstinence has its place and can prove valuable –

however – given that so much has already been sacrificed over the last two years, perhaps this Lent should be less about discipline and more about gentleness, with ourselves and each other.

A gentle Lent might help us draw closer to the gentle self-giving of Jesus himself, on his journey to the cross and beyond.

Here are a few suggestions for *‘doing Lent gently’*:

Being still – choose a time each day when you can be still and just sit for a few minutes, either in silence with a five-minute timer, or listening, eyes closed, to a favourite gentle song;

Letting go – think of something that takes time but makes little difference to anyone else, and just let go of it until Easter.... it could be the time you spend on Facebook, watching a TV soap, painting your nails or polishing the car. You could use the time for catching up on something long postponed.

Simple giving – identify a simple thing you can give to others once a week (or more, if easier) ... it could be writing a postcard each weekend to send on Monday, putting flowers in your window, or letting someone go ahead of you in the shopping queue.

Join 'Difference' – this Lent, over five Wednesday evenings from 9th March, we are running 'Difference', a course (on Zoom) that equips Christians to cross divides, navigate disagreement and pursue a just and flourishing world. Through film, Bible study, prayer and discussion we are encouraged to develop the three habits of being curious, being present and reimagining – to build reconciliation and change in place of division. Please email Adrian for details: adrian.jones@zoho.com The link is below but to avoid confusion, both compline and the course can be accessed on the same link but please note the time changes for compline.

Topic: Compline then Lent Course

Time: 7.30pm Compline 7.55pm Lent Course

Join Zoom Meeting

[https://leccofe.zoom.us/j/7467674408?
pwd=NHRQZ2F0Mmt5Wk5sd2NMc1JtREpaUT09](https://leccofe.zoom.us/j/7467674408?pwd=NHRQZ2F0Mmt5Wk5sd2NMc1JtREpaUT09)

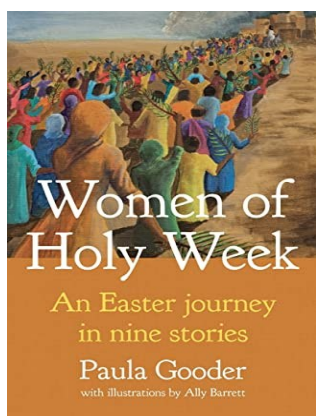
Meeting ID: 746 767 4408

Passcode: hope

Dial in-

0203 481 5240 United Kingdom

Meeting ID: 746 767 4408



Get reading – follow up our Sunday series on women of the Bible by reading *“Women of Holy Week”* by Paula Gooder. This is an imaginative retelling, in nine stories, of the events of the last days of Jesus through the eyes of the women accompanying him. We’ll also have a special coffee morning to discuss the stories together, at 10am on Wednesday 6th April at the Vicarage. Please phone Adrian Jones or Alison Roche on 0116 270 4268 if you’d like a copy of the book for £9.99 .

I hope there is something here to help you do Lent gently this year.
Adrian



Dear friends at St Mary's Knighton

On Tuesday evening 1st March, Red Cross Member Lorna Kirk had a Zoom meeting with the CEO Mike Adamson based at British Red Cross HQ in London.

He has spoken with the Ukrainian Red Cross and the International Committee of the Red Cross is supporting people as the worrying situation develops which includes providing essential first aid, food, water & shelter.

Many UK people are asking how they can help and probably wish to donate warm clothing etc. but with all the money being raised Red Cross buy such items in bulk and are able to quickly transport it to the thousands of people in greatest need.

There will be a Red Cross bucket outside St Mary's Church after the 10.30am Service on Sundays March 6th and 13th March.

Thank you

Gift Aid Secretary

We are looking for someone to work with the current secretary with a view to taking on the role eventually. The job involves recording all donations and claiming gift aid where appropriate. It may sound complicated but clever software from Data Developments does the real hard work. Their Donations Co-ordinator program is excellent and even enables claims to HMRC to be made with a click. I have no financial qualifications though I did pass O level Maths many moons ago. Please ask if you would like more information. *Lorna Pollard*



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LE1 7GR

CONTACT SHIRLEY WILLS
0116 281 1401

Raising funds for Marie Curie

**Online Compline Night Prayer from 7.30pm (until the
Difference Course is complete) each Wednesday**

All Welcome

Join Zoom Meeting

<https://leccofe.zoom.us/j/7467674408?>

pwd=NHRQZ2F0Mmt5Wk5sd2NMc1JtREpaUT09

Meeting ID: 746 767 4408

Passcode: hope

Or Phone In 0131 460 1196 United Kingdom

PLANNED GIVING SCHEME

Regular giving is an integral part of our church life supporting our day to day costs, ministry and mission. A good way to achieve this is through a weekly envelope or a monthly bank standing order as part of our Planned Giving Scheme. Scheme details can be obtained from Lorna Pollard, Planned Giving Scheme Secretary: telephone 01162704272 or email: stmarysknighton.giving@gmail.com. If you are a taxpayer and gift aid your giving, our church can claim an additional 25%.

Contact details:

Vicar: Adrian Jones 0116 270 4268 or 07919 262399

adrian.jones@zoho.com (rest day normally Friday)

Curate: Revd Matthew Gough 07754 961997

revgough@gmail.com (rest day normally Friday)

Ordinand: Cecilia Adjadje 07425 705221

cadjadje@yahoo.com (Wed, Thurs, Sat, Sun)

Revd Aphro McCullough 0116 283 7887

aphro.mccullough@btinternet.com

Revd Janet Gasper 0116 288 9646

jgasper925@gmail.com

Lay Reader: Fiona Wingate 07515 752954

fiona.wingate@talktalk.net

Churchwarden: Sian Howard 07932 557646

sian.howard@tiscali.co.uk

Churchwarden: Beryl Bonfield 0116 2702202

berylbonfield1945@gmail.com

Parish Administrator: James Gutteridge 0116 270 2705

office@knightonparish.co.uk

Please pray..... *"but you, dear friends, by building yourselves up in your most holy faith and praying in the Holy Spirit, keep yourselves in God's love as you wait for the mercy of our Lord Jesus Christ to bring you to eternal life. "* (Jude, 20-21)

Praying for the World: We lift before you the people of Ukraine and the people of Russia, each girl and boy, each woman and man living in fear of what tomorrow might bring. We long for a time you spoke of through your prophet Isaiah, when weapons of war would be beaten into ploughshares, when nation will no longer lift up sword against nation. We cry out to you for peace. Protect those who only desire and deserve to live in security and safety. Comfort those who fear for their lives and the lives of their loved ones. Change the hearts of those set on violence and aggression. Fill earthly leaders with great wisdom to find paths to peace.

Praying for the Church: as we enter the season of Lent, please pray that Christians everywhere will have a new sense of the things we need to let go of and give up ...traditions, practices and preferences that get in the way of others coming to know God and find faith. Pray that we'll have the courage to move out of our 'comfort zone'.

Praying for the Parish: Please pray for the peace and well-being of all those who live on **Kew Drive, Highgate Drive, Hillcrest Road, South Kingsmead Road, Woodbank Road, Palmerstone Boulevard.**

Praying for those in need: Please pray for all those who are in need at the moment, those who are unwell in body, mind or spirit, and those who are anxious and worried. In particular please pray this week for **Bob Rutland and Rod Bowditch**

We pray for all those on our parish 'Continuing Prayer' list. May they know the power of God's healing love at work in their lives today.

We remember those who have died recently and pray for their families and friends.

We remember all those whose anniversaries fall at this time.

A Prayer for Ukraine

God of peace and justice,
we pray for the people of Ukraine.
We pray for peace and the laying down of weapons.
We pray for all those who are in fear,
that your Spirit of comfort would draw near to them.
We pray for those with power over war or peace,
for wisdom, discernment and compassion
to guide their decisions.
Above all, we pray for all your precious children, at risk
and in fear, that you would hold and protect them.
We pray in the name of Jesus, the Prince of Peace.
Amen.

Written by the Archbishops of Canterbury & York